

Medical Student Education for Injury Prevention

医学生的伤害预防教育

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Summary: Injury is a major public health issue and unintentional injury was the leading cause of death for ages 1 through 44 in many developed countries. All medical doctors can efficiently contribute to reducing this health burden in the society. However, the sciences of injury prevention and control are not taught in the medical school curriculum. This paper describes a novel injury prevention and control summer program for medical students and its acceptance level. The summer program contained seven injury-related lecture and discussion sessions, each lasted 2-4 hours in duration. A total of 318 students completed the program. Extensive evaluations show that students had increased knowledge in injury-related concepts and increased interest in the topic for their medical practices. In conclusion, the results indicate that such a summer program can contribute to increasing physician workforce's understanding of injury prevention and control, and to making our communities healthier and safer.

摘要：伤害是一个重大的公共卫生问题。在许多发达国家，非故意伤害是1~44岁人群死亡的主要原因。所有医生都能有效地减少这类健康负担。然而，在医学院课程中并无教授伤害预防与控制的相关知识。因此，本文介绍了一项针对医学生的新型伤害防控暑期项目及其接受程度。该项目包含了7个与伤害相关的讲座和讨论环节，每个环节持续2~4小时，共有318名学生完成了这个项目。评估显示，该项目增加了学生们在与伤害有关的概念方面的知识，并提高了他们对医疗实践主题的兴趣。总之，研究结果表明，这类暑期项目有助于提高医学生对伤害预防和控制的理解，并使我们的社区更加健康和更安全。